

Diamond Approach Seminars

QUASAR Series

Hameed Ali (A.H. Almaas) and Karen Johnson
present QUASAR Seminar VI
DIVINE BUNDLE

10th – 15th of May, 2011 in Amsterdam, Netherlands

From the timelessness of our spiritual nature we are born into this world as bundles of joy and life. As we mature into adulthood we find ourselves divided within and living in disharmony, where life lacks energy, excitement and luster. Our minds, hearts, bodies and spirits become separated, disconnected and hence limited in both experience and functioning. Instead of light we find ignorance, instead of love we find discord, and instead of intelligence we find dysfunction. We want to explore our potential of being whole, balanced and complete human beings. We will inquire into our present limited condition to open it up to the divine bundle it can be, where our mind, heart, body and soul are all one and indivisible dynamic presence. We will focus on the liberation and harmony of these four dimensions of our being, where enlightenment is not simply an experience but the congruence of life with spiritual truth.

Through teaching, transmission, spiritual practices, personal and interpersonal exercises and inquiries we will explore how we can be divine bundles of joy, life and light. Through inquiry into our personal experiences, relationships and lives we will see how we are expressions of divinity, and can live as divine personifications of the luminous truth that is the deepest nature of everything. Living as divine bundles restores excitement, energy and freedom to our human existence, where all dimensions of our being are bundled together in the love and luminosity of our spiritual nature.

We are offering the sixth one of a series of public seminars, primarily for individuals who wish to have a direct and experiential taste of the Diamond Approach® work. The seminar will be nonresidential and will consist generally of two meetings a day. It will be held in English language without translation. These seminars present the teaching from a specific and new perspective and even though there might be a relationship of one to another, each one stands on its own.

The Diamond Approach, as taught in the DHAT Institute, is a contemporary, original, spiritual understanding and path, expressing timeless wisdom on self-realization using the insights of our time. Modern psychological understanding and spiritual wisdom are integrated to provide deeper and more effective means of realizing, developing, and living our full potential. At each stage of the spiritual journey, we encounter beliefs, identifications and resistances, which can inhibit our development. The Diamond Approach invites us to see these as both – veils and keys to our full human potential. The teaching provides a deep synthetic understanding of, and effective means of dealing with, these issues and obstacles in a way that opens up the consciousness to timeless spiritual realities.

The seminars will be led by Hameed Ali and Karen Johnson, who together discovered and developed the path of inner realization known as the Diamond Approach or Diamond Heart® that is now taught in the Ridhwan® School.

Note: Quasars are very intense energy sources in some giant galaxies, powered by huge black holes. They are the very bright centers of those distant galaxies, where some sort of energetic action is occurring due to the presence of a super massive black hole at the center of that galaxy.

**For information about Diamond Approach: www.ridhwan.org
Book information: www.ahalmaas.com – with the possibility to download this flyer –**

The Quasar seminars are a program of the DHAT Institute, the nonprofit educational arm of the Ridhwan School. They do not function as an alternative to ongoing work in the Ridhwan School, but as an additional opportunity for a limited engagement with the Diamond Approach. These seminars are open to the general public as well as for all existing group members in the Ridhwan School in Europe and other countries. These seminars are not replacements for current students' retreats. They will not include small groups or private sessions. People new to the Diamond Approach will have priority in case of limited space. The seminars will be held in major metropolitan areas or cities.

Hameed Ali

Karen Johnson



Practical information
Quasar - Series Seminar VI: May 10th – May 15th 2011
Amsterdam/Netherlands

Dates and times:

Meetings:

Tuesday, 10th of May 15:00 hr – 18:00 hr
Wednesday – Saturday 10:00 hr – 13:00 hr and 15:00 hr – 18:00 hr
Sunday, 15th of May 10:00 hr – 13:00 hr

Check-In Tuesday, 10th of May, 13:30 hr

Location: **De rode Hoed** – Centre of Amsterdam in walking distance to central station,
Keizersgracht 102, 1015 CV, Amsterdam, Tel. +31 (0)20-6385606, www.rodehoed.nl

Seminar fee, deposit and payment: (Please include your name and Quasar VI in the transfer.)

Fee: 425 €, for university students 325 €
Payment: Please transfer the full fee or 100 € as a deposit for your registration.
Please transfer the rest of your payment before 15th of March 2011.
If you register after 15th of March 2011, please pay the total fee.
We cannot accept cheques, credit cards or other currency.

Bank details: DHAAT Institute, Berkeley CA, USA - Bank account number: 0243050801
Bank: ABN AMRO, Prins Bernhardplein 200, 1000 AB Amsterdam, The Netherlands
For payments from outside Netherlands: IBAN NL07FTSB0243050801, BIC FTSBNL2RXXX
For payments from outside EU countries: also add bank fee for wiring money

Registration: You are registered, after we received both, your registration form and deposit.
Note: University students please enclose copy of student pass.
You will receive a **confirmation** letter after we received your registration form and deposit.

Cancellation policy: If you cancel before March 15th, you will receive a refund minus 30 € and bank costs.
If you cancel after March 15th, there will be no refund of 100 € deposit.
If you cancel after April 1st, you will be refunded half of the seminar fee.
If you cancel after May 9th, no refunds.

Housing: This is a nonresidential seminar. Information regarding **accommodation** you can find on
the following websites: www.hotels.nl, www.hoteliers.com, www.easytobook.com.

For information about the Quasar series please contact Anna Frazier.

For registration, payments and cancellation: Please send your registration by email to Anna Frazier and also inform her when you have transferred the payment. Let her know if you have paid for someone else. If you don't have the possibility to email, send the registration by post and inform Anna Frazier by phone.

Anna Frazier: Email: Anna@dhat.org, Tel: +44 (0)20 81503410
Mail: DHAAT Institute c/o Anna Frazier, P.O. Box 10173, Berkeley, CA 94709, USA

Registration for Quasar Seminar VI in Amsterdam/Netherlands 10th – 15th of May 2011

Name
Address
City code + City Country
Phone Email

- I register for Quasar Seminar VI in Amsterdam yes / no
- University student yes / no
- Diamond Approach student Group yes / no
- I would like to receive mailings of future events yes / no
- This seminar is meant for people with a stable psychological health.
Do you take psychopharmacology?
- Have you ever been under psychiatric (not psychotherapeutic) treatment?
- How do you come to know of this event?

Date Signature